

## THE PRINCIPLES OF THE MIND – PART 3

What God wants in our life is consistency. We must stay in what we have touched. What we have touched has taken us time to build. There's always one fight to get the breakthrough then there's another fight to keep the breakthrough. To break free from this victory and go to the next one also takes another fight. Most people are happy with little but to go forward and breakthrough again to the next level is another fight. The good is always the enemy of the best. From here we will see if we are high or low achievers. All this starts in our mind.

Our mind must be free and our lives will be free. If God changes our mind and the way we think, our full capacity will break forth. It is easy to stay in the comfort zone but God wants us to move from one level to another.

*12 Therefore I urge you, brethren, by the mercies of God, to present your bodies a living and holy sacrifice, <sup>[a]</sup>acceptable to God, which is your <sup>[b]</sup>spiritual service of worship. <sup>2</sup>And do not be conformed to this <sup>[c]</sup>world, but be transformed by the renewing of your mind, so that you may <sup>[d]</sup>prove what the will of God is, that which is good and <sup>[e]</sup>acceptable and perfect.*

*3 For through the grace given to me I say to everyone among you not to think more highly of himself than he ought to think; but to think so as to have sound judgment, as God has allotted to each a measure of faith.*

*Romans 12:1-3*

Our confidence in God is true. It will become a reality. We give our life and body and behavior and are subjected to God and don't turn back. There are certain things in life there is no turning back. Our life belongs to Him. This is one thing we don't question. We will serve God and keep our lives pure. These are things that are not negotiable. We must set this course in our life. Our body belongs to Him and there is no substance abuse or drugs or smoke or whatever negative things. We present our body to Him and there is no turning back. We will not question Him but will please Him. These are postures of life. We don't rise and fall but be constant. This is the basic form of worship and something we do every day to present our body to Him to do His will. This body must be given so that everything that happens in this body is actions and behaviors

and where our feet will go are settled. We must not even have a second thought. Coming to the house of God is fixed and we don't need to negotiate or think. If we need to struggle it is because we don't know how to live in Romans 12:1. If we have surrendered our life, we don't take it back. This is our reasonable form of worship and God can count on us because everything in our life we take charge.

Those who have gone through national service have a high level of discipline. Our body must be disciplined. At some point of our life we need to push our body and tell the body what we need. The body is a fantastic servant but a bad master. We need to retrain our body; every action and reaction must be under total subjection. When we speak it is clean.

If we haven't set up verse 1, we cannot get our mind to be changed. God wants to renew our mind so that our lives can be transformed. The physical things we can do it immediately; eat right food, do right things, speak with life, good actions, behavior and posture.

The world system is cruel but the problem with the people in the church is that they think the church is a welfare system. Don't keep looking for somebody to help. Want to start a business but using another person's money. If it is our dream, we must fight for it. IF people bless us, it's a bonus. Those who depend on the government will keep the government. We must break free. Our old mindset will keep us at the back.

1. We have a mind that is programmed.

If there are no inhibitions, we will be continually doing what we have been programmed to do. We will become predictable. In our mind, there are things we don't have. There are both good and bad experiences in our life. Everything is inside this mind. God wants to take this mind and renew it and change the way it thinks; remove the old and harmful and renew it so that our mind is clean.

- Facts – opinions, knowledge, information, understanding, perspective.

Not everything we know is true. We know in parts. If we want to move from a programmed mind to a renewed mind, we must deprogram our mind so that we come

free from the past and then reprogram our mind again; REBOOT. We have to shut down all the past and don't allow it cross to the future.

There are many facts in our life and we cannot deny it but facts cannot set us free. Some facts can just lock us into bondage. When we have negative things inside our mind or we have incomplete information, these become limitations. Train our children to do what we fear to do so that they don't stop where we stopped. If we are frightened of falling down, don't put our fear into them.

When we read the bible and if there are thoughts that are contrary, it means there are some negative thoughts in there that can cripple our lives. We must check it and don't believe everything without principle. Think only what God wants.

- Feelings – emotions, fears, anxiety, worry, intimidation, shame, guilt

If these emotions keep running in the circuit, we will find ourselves become toxic and contaminated. When they open our mouth, we can see the emotional range from one end to the other in a short period. Make up our mind to always think twice before we say a word especially when we are angry. When we say words that create harm, it cannot retract back. Instead of fear, replace with faith, instead of anxiety we replace with confidence in God, instead of intimidation let there be spirit of faith and courage, instead of worry we can have trust. When all the negative emotions in there come up, we need to deal with it with God's word. Negative emotions have no loyalty and do not care whether they are children or adults. Only we ourselves can harness it. Negative emotions must be replaced by what God is saying. Negative emotions will eat us from inside. The longer we live, the longer the negative emotions will accumulate and we will die of the inside. Emotions must be free. Our heart must be free. Our expression must be free. Our relationships must be free; student teacher, children parents, etc. We must demand change for our own life and become the agent of change. All must align with God's word. We must demand change for our own life. God will never give us our assignment if there is no change in our life.

- Fiction – imagination, world of make believe, exaggeration.  
If people don't think with sound judgment, they will always think that they are better. There are also those who can make it but walking in false humility and think that they are not good. There are those who get 10As and say it's nothing while there are those who have 1A and project themselves like they have 12As. When you talk them these people, they will talk as if they are better than everybody.
- Foresight – see the future of what we can be  
All the revelation that God is speaking will be parked under foresight. God cannot direct us freely if we are still struggling and chained in our ankle. When people are negative inside, they are very prone to get offended.

## Practical Steps

### 1. Deal with the past accurately.

All the past things that are negative, deal with it accurately. If we need to forgive or forget people, do it. If we want to live long and full of fullness of years, we need to do this. If we have been hurt in the past, cut it off and spend one day in prayer and fasting and kneel before God. It's not about what people do to us. The danger is what we do to ourselves. The enemy only supplies ammunition and we just kill ourselves. A man's enemy is within his own household.

### 2. Reject every negative thinking that wants to use our mind for expression

Every fear, anxiety and negative emotions that wants to pass through our thinking pattern we must reject it. Some minds can take random thoughts some minds can't. If we see these thoughts, reject it. The only power that can stop thoughts that are negative is the Holy Spirit. If our mind is not strong, the negative emotions will latch onto our mind and we will start to think. The flesh loves this and the devil loves this too. People like this attract evil spirits. God wants to set us free. So reject every negative emotions that is passing through our minds and don't think of it. Don't give it life.

People who use their mind wrongly can move backwards and we won't know when the time bomb will explode. This is the fiery darts of the enemy.

### **3. Refuse to use negatives in our conversation with others**

If we are negative inside and we start to talk to others, the root of bitterness can spread very fast. It is an emotional disease. If this spreads, it is hellfire. The more we talk with negatives, the more contamination will flow. When we are angry and we start to share, we will also make others angry and bitter. Stop talking about it. If we have serious problem, talk to God and spouse. We must shut it down. If we see people talking about things like this, we must shut them down. The house that is burning cannot set itself free. We need firemen to stop the fire. Some people no matter what we do they still nag and cannot stop the fire. We need others who are mature to help.

### **4. Refrain from igniting our emotions with our memories**

Marriage relationship can be destroyed. God has to help us. The more we talk about it, the more we will think that we are right and everyone else is wrong. That's why in marriage if we keep talking about it over and over again, people will get angry.

### **5. Renounce the negative emotions and thought from influencing our spiritual life**

We say NO to negative emotions. We have to say it and speak against it. The one who is the strongest is us. We have authority over our own life. Take that authority and subject ourselves to divine authority. Every decision we make has its own consequences and we have to face it.

God cannot give us any domain if we are not sorted out. The assignment is not what we like but what He wants. Most people think they can have the freedom to choose what they like.